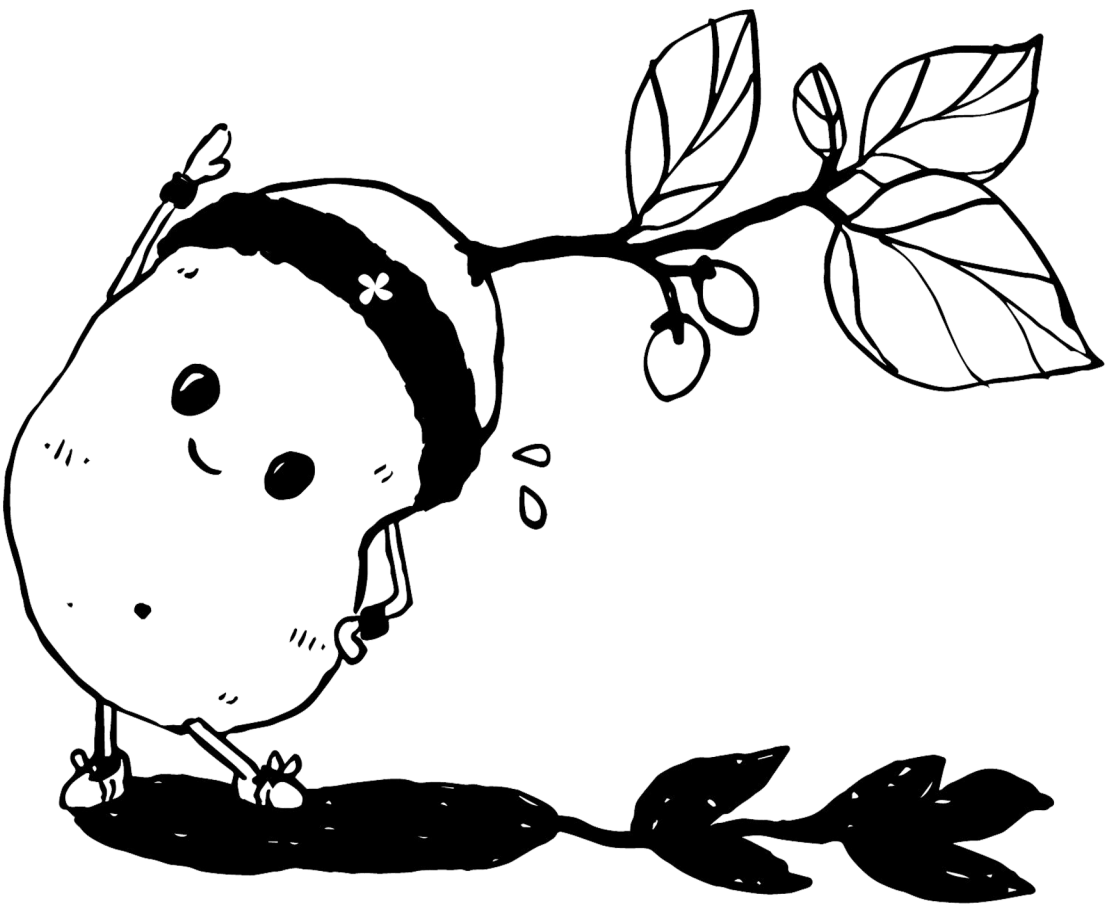METS DE LA COULEUR 4